

# Hypertrophic chondrocytes can become osteoblasts and osteocytes in endochondral bone formation

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According to current dogma, chondrocytes and osteoblasts are considered independent lineages derived from a common osteochondroprogenitor. In endochondral bone formation, chondrocytes undergo a series of differentiation steps to form the growth plate, and it generally is accepted that death is the ultimate fate of terminally differentiated hypertrophic chondrocytes (HCs). Osteoblasts, accompanying vascular invasion, lay down endochondral bone to replace cartilage. However, whether an HC can become an osteoblast and contribute to the full osteogenic lineage has been the subject of a century-long debate. Here we use a cell-specific tamoxifen-inducible genetic recombination approach to track the fate of murine HCs and show that they can survive the cartilage-to-bone transition and become osteogenic cells in fetal and postnatal endochondral bones and persist into adulthood. This discovery of a chondrocyte-to-osteoblast lineage continuum revises concepts of the ontogeny of osteoblasts, with implications for the control of bone homeostasis and the interpretation of the underlying pathological bases of bone disorders.

osteoblast ontogeny | chondrocyte lineage | bone repair

In vertebrates, the endochondral bones of the axial and appendicular skeleton (1) develop from mesenchymal progenitors that form condensations in the approximate shape of the future skeletal elements. These progenitors differentiate into chondrocytes, which proliferate, mature, and undergo hypertrophy, forming an avascular cartilaginous template surrounded by a perichondrium. The first osteoblasts differentiate from mesenchymal precursors in the perichondrium and produce a bone collar, which will become the future cortical bone (1). Blood vessels then invade through the bone collar into the hypertrophic cartilage, bringing in osteoblast progenitors from the perichondrium (2), which lay down bone matrix to form the primary ossification center (POC); the cartilage matrix is degraded; and the proximal and distal growth plates, comprising layers of differentiating chondrocytes and spongy/trabecular bone (the primary spongiosa), form (2). Thereafter, linear bone growth continues by endochondral ossification mediated by the growth plate, whereas osteoblasts in the perichondrium form cortical bone on the outer circumference.

Chondrocytes and osteoblasts are regarded as separate lineages in development, being derived from common mesenchymal progenitors that express the transcription factors sex determining region Y (*SRY*)-*box 9* (*Sox9*) and runt related transcription factor 2 (*Runx2*) (1). Lineage determination toward the chondrocyte or osteoblast fate is controlled by the relative expression of *Sox9* and *Runx2* (3–5) (Fig. 1A). *Sox9* controls chondrocyte proliferation and their progression into hypertrophy (6). Collagen X is the most specific marker of hypertrophic chondrocytes (HCs), the *Col10a1* gene being expressed only in prehypertrophic and hypertrophic chondrocytes in the growth plate (7). By contrast, *Runx2* is essential for specifying the osteoblast lineage and directly regulates another transcription factor, *osterix* (*Osx*) (8, 9), but is also expressed by HCs. It regulates *Col10a1* and *matrix metalloproteinase-13* (*Mmp13*) expression in HCs (10, 11). *Osx* is expressed in prehypertrophic chondrocytes and osteoblasts and is essential for preosteoblast

differentiation (9); it directly transactivates *Col1a1*, which encodes collagen I, a marker of differentiated osteoblasts.

Because maintenance of bone throughout life requires continuous renewal of osteoblasts, their lineage has been the subject of intense interest. The possibility that HCs are an alternative source of osteoblasts is controversial (12). Support comes from imaging, morphological, and ultrastructural studies *in vivo*, in which HCs were observed at the chondro-osseous junction and osteoblasts in chondrocyte lacuna (13–18). Recent lineage studies failed to resolve this issue because non-HC-specific reagents were used to track the fate of HCs (2, 19, 20) or because the half-life of fluorescent protein tracers in HCs may not be sufficient to span a possible HC-to-osteoblast transition (21). Studies showing the presence of apoptotic nuclei in HCs and abundant apoptogens in the microenvironment of HCs at the chondro-osseous junction provided the current concept that death, by apoptosis or extended autophagy, is the fate of HCs in endochondral ossification (12, 22). However, these studies cannot preclude that some HCs survive.

To determine whether HCs contribute to the osteoblast lineage *in vivo*, we used the Cre/loxP genetic recombination approach to tag specifically HCs and follow their fate. We show that the descendants of HCs may become *Col1a1*-expressing osteoblasts and sclerostin (SOST)-expressing osteocytes in prenatal and postnatal bones and in bone injury repair. We therefore provide evidence that the HC is part of a continuum that directly contributes to the osteoblast lineage.

## Results and Discussion

**Col10a1-Cre Activity Specifically Labels HCs for Lineage Analyses.** At embryonic day 15 (E15.0) in the tibia, just before the formation of the POC that separates the hypertrophic zone (HZ) into the

### Significance

The possibility that terminally differentiated hypertrophic chondrocytes could survive and become osteoblasts *in vivo* has been debated for more than a century. We show that hypertrophic chondrocytes can survive the cartilage-to-bone transition and become osteoblasts and osteocytes during endochondral bone formation and in bone repair. Our discovery provides the basis for a conceptual change of a chondrocyte-to-osteoblast lineage continuum, with new insights into the process of endochondral bone formation, the ontogeny of bone cells, and bone homeostasis. Furthermore, our findings have implications for current concepts on mechanisms of skeletal disorders and bone repair and regeneration.

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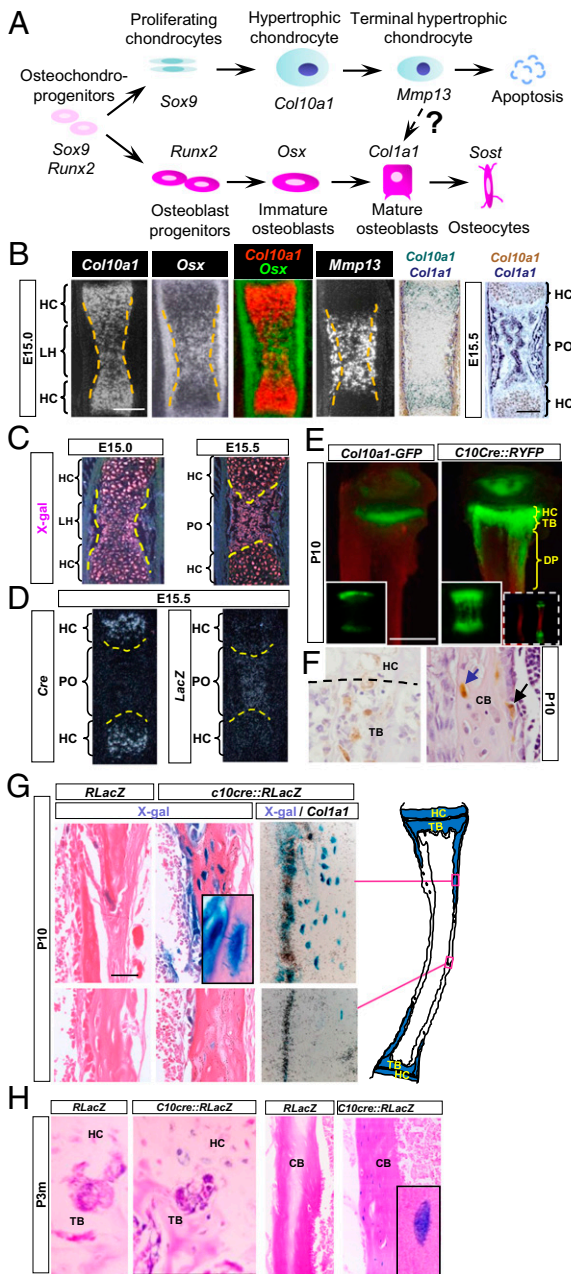
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**Fig. 1.** HCs contribute to osteoblastic lineage in mouse endochondral bone. (A) Current view of chondrocyte and osteoblast lineages. (B) In situ hybridization showing mRNA expression of indicated genes during POC formation in E15.0 and E15.5 tibia. Dotted lines indicate the cartilage and perichondrium border. (Scale bar, 200  $\mu$ m.) (C) LacZ expression (by X-Gal staining, which is pink under dark field) in HCs at E15.0 and HC-derived cells at E15.5 in *C10cre::RLacZ* tibia. Dotted lines indicate the chondro-osseous junction. (D) *Cre* and *LacZ* mRNA at E15.5 in *C10cre::RLacZ* tibia. (E) Fluorescent signals in P10 tibia of *Col10a1-GFP* and *C10cre::RYFP* mice. (Insets) Vertebra. Whole tibiae (wild type and *C10cre::RYFP*) are shown in dashed Insets. (Scale bar, 1 mm.) (F) P10 tibia of *C10cre::ZIEG* mouse stained by GFP antibody (brown). Dotted line represents the chondro-osseous junction. GFP-expressing osteoblasts and osteocytes are denoted by black and blue arrows, respectively. (G) X-Gal staining (blue) of P10 *C10cre::RLacZ* and control tibiae. (Inset) LacZ<sup>+</sup> osteocyte and bone surface osteoblast LacZ<sup>+</sup> cell. *Col1a1* in situ hybridization reveals X-Gal, *Col1a1* double-positive cells in the endosteum. The locations of the sections are denoted in the cartoon on the right. (Scale bar, 100  $\mu$ m.) (H) X-Gal staining of 3-mo-old tibia from *C10cre::RLacZ* and control. CB, cortical bone; DP, diaphysis; LH, zone of late HCs; PO, primary ossification center; PS, primary spongiosa; TB, trabecular region.

proximal and distal parts of the developing skeletal element, osteoblast differentiation, characterized by *Col1a1* expression, begins in the bone collar immediately adjacent to HCs in the HZ. By contrast, *Col10a1* expression is restricted specifically to HCs and is not expressed in the bone collar. At this stage in the middle of the HZ, down-regulation of *Col10a1* expression and up-regulation of *Mmp13* and *Osx* were observed (Fig. 1B) (23, 24). We denote HCs in this region as “late HCs” (LHs). *Col10a1*-expressing HCs and LHs, however, do not express the differentiated osteoblast marker, *Col1a1* (Fig. 1B).

The expression of preosteoblastic markers in LHs before the formation of the POC raises the possibility that these cells may transition to an osteoblastic fate (Fig. 1B). To tag and trace the fate of HCs, we used their specific expression of *Col10a1*. We generated, by gene targeting in embryonic stem cells, a *Col10a1-Cre* (abbreviated *C10cre*) mouse that expresses Cre recombinase under the control of the endogenous *Col10a1* promoter (25) (Fig. S14) and crossed it with mice harboring Cre-reporter in the Rosa26R locus that encodes either  $\beta$ -galactosidase (*RLacZ*) or yellow fluorescent protein (*RYFP*), or LacZ/enhanced green fluorescent protein (*Z/EG*) under the control of the  $\beta$ -actin promoter. Cre activity irreversibly marks, by expression of reporter gene, HCs in which recombination has occurred. This reporter continues to express in their progeny/descendants, even when *Cre* is not active. In *C10cre::RLacZ* mice before the POC is formed at around E15.5 in tibia, only HCs express *Cre* (E14.5; Fig. S14) and LacZ activity as reflected by X-Gal staining (E15.0; Fig. 1C). No expression of *Cre* or *LacZ* was detected in the bone collar/periosteum.

**HC-Derived Cells Are Present in Fetal, Neonatal, and Adult Bone.** At E15.5 and later, while *Cre* transcripts were restricted to HCs, LacZ<sup>+</sup> cells also were present in the newly formed POC (Fig. 1C and D and Fig. S1B). The presence of Cre<sup>+</sup>;LacZ<sup>+</sup> cells in the POC reflects previous Cre-mediated activation of *RLacZ* transcription in HCs, which continues in the HC descendant cells, indicating that HC-derived cells survive in the POC. To assess whether HC-derived cells also were present in postnatal bone, we compared *Col10a1-GFP* mice (Fig. 1E), in which GFP expression is regulated by the endogenous *Col10a1* gene, with *C10cre::RYFP* mice. At postnatal day 10 (P10) in *Col10a1-GFP* mice, GFP expression clearly was restricted to the HCs in the HZ, whereas in *C10cre::RYFP* mice, YFP expression extended beyond the HZ, indicating the presence of descendant cells in all the endochondral bones studied (Fig. 1E and Fig. S2). Importantly, no LacZ<sup>+</sup> or YFP<sup>+</sup> cells were found in the perichondrium/periosteum. There were no YFP-expressing cells in the calvaria at P10 (Fig. S2), which develops by direct differentiation of osteoblasts from mesenchymal cells (intramembranous ossification), confirming the specificity of Cre recombinase activity in HCs.

The HC-derived YFP<sup>+</sup> cells, morphologically resembling osteoblasts, were found close to the chondro-osseous junction, on the surface of trabeculae, and in the endosteum (Fig. 1F). YFP<sup>+</sup> and LacZ<sup>+</sup> also were present within the cortical bone matrix as osteocyte-like cells with extended cellular processes typical of osteocytes (Fig. 1F and G). In *C10cre::RLacZ* mice, LacZ<sup>+</sup> HC-derived cells found in the endosteum did not express *Col10a1* but expressed *Col1a1*, suggesting lineage progression of HCs to osteoblasts and osteocytes in vivo (Fig. 1G). The presence of LacZ<sup>+</sup> cells at the chondro-osseous junction and in cortical bone of 3-mo-old (P3m) *C10cre::RLacZ* mice (Fig. 1H) suggests that HCs continue to commit to the osteogenic fate in adulthood and may thrive as osteocytes. To exclude the possibility that *Col10a1* heterozygosity caused by targeted *Cre* insertion and consequential reduced expression of collagen X may induce HCs to become osteoblasts, we generated transgenic mice expressing a BAC-*C10cre* transgene under the control of a *Col10a1* promoter and flanking regulatory elements. BAC-*C10cre::RLacZ* transgenic mice also showed specific expression of Cre in HCs and the presence of HC-derived cells in the trabecular bone (Fig. S3), similar to that of *C10cre::RLacZ* mice. These data suggest that

heterozygosity for *Col10a1* does not cause the lineage transition and are consistent with previous reports showing that bone development is not affected in *Col10a1* null mice (26, 27).

**Tamoxifen-Inducible C10CreERT Activity Facilitates Lineage Tracing of Tagged Populations of HCs.** In the *C10cre::RLacZ* and *C10cre::RYFP* systems, HCs are continuously marked by the reporters for as long as *Col10a1* is expressed. To follow a specific population of HCs, we adopted a genetically controlled pulse-chase approach. We generated mice expressing CreERT controlled by the endogenous *Col10a1* gene by gene targeting (Fig. 2A and Fig. S4A). CreERT is a Cre recombinase fused with a modified estrogen receptor ligand-binding domain (ERT) that becomes active through nuclear localization in the presence of tamoxifen (tam) (28). In *Col10a1-CreERT* (abbreviated *C10creERT*) mice, the temporal and spatial pattern of *CreERT* mRNA expression is indistinguishable from that of *Col10a1* and *C10cre* (Fig. 2B and Fig. S4B). A pulse injection of tam in *C10creERT::RLacZ* mice marks HCs generated during a defined time window in development.

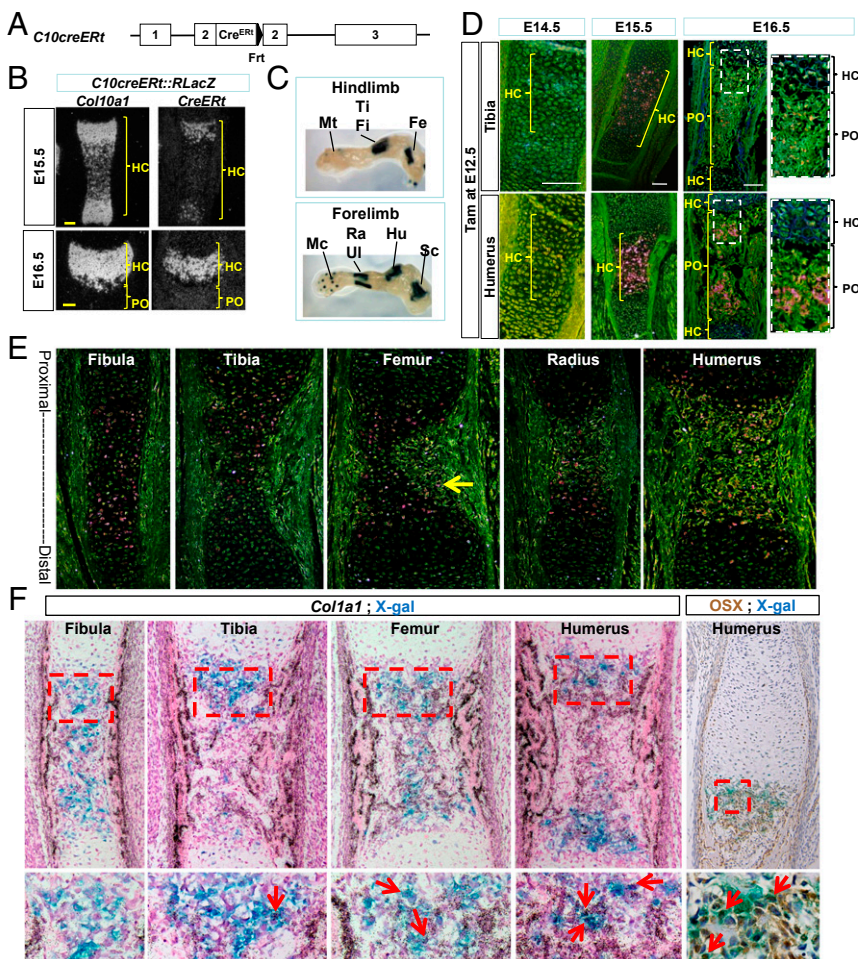
To test the specificity of the tam-inducible Cre activity, we administered tam to *C10creERT::RLacZ* mice at E12.5, when chondrogenesis begins, and compared the different bones according to their developmental sequence, in which the distal bones lag behind the proximal elements (29)(Fig. 2C). At E14.5, LacZ<sup>+</sup> cells were not detected in the humerus or tibia (Fig. 2D). HCs normally differentiate around E13.5 and E14.5, but none of them was LacZ<sup>+</sup>, most likely because of the time lag required for *CreERT* activation and recombinase action. There was no leakage of Cre activity in the absence of tam (Fig. S5A); nonspecific

X-Gal staining was negligible in fetal and early postnatal stages (Fig. S5B and C).

At E15.5, many LacZ<sup>+</sup> HCs were observed in the HZ of the humerus and a smaller population in the tibia (Fig. 2D), consistent with the general earlier development of the forelimbs (29) and the time required for Cre activation of  $\beta$ -galactosidase activity following hypertrophy. At E16.5, there were fewer LacZ<sup>+</sup> HCs in the HZ, but many were present in the developing POC of the humerus (Fig. 2D), consistent with a transition of HCs into bone.

**HC Derivatives Transit to the Primary Spongiosa and Become *Col1a1*-Expressing Cells.**

To visualize HCs in their transit from the HZ to their descendants in the POC, we exploited the different temporal progression of chondrocyte differentiation and ossification from proximal to distal skeletal elements (29). We administered tam at E14.5, just before POC formation in the long bones. By 24 h, in the same fetus, the distal elements of the hindlimb, fibula, and tibia had just initiated the formation of the POC, and all LacZ<sup>+</sup> cells were HCs (Fig. 2E). In the femur, POC formation was more advanced; other than LacZ<sup>+</sup> HCs, a few LacZ<sup>+</sup> cells could be found in the forming POC (arrow in Fig. 2E). POC formation had just been completed in the radius of the forelimb, and more LacZ<sup>+</sup> cells were present there (Fig. 2E). The POC of the humerus was most mature, and many LacZ<sup>+</sup> cells were present (Fig. 2E). These LacZ<sup>+</sup> cells were not expressing *Col1a1* (Fig. S6); however, at 36 h after tam injection, some LacZ<sup>+</sup> cells expressed *Col1a1* and OSX, predominantly in the proximal elements, especially the humerus (arrows in Fig. 2F). Importantly, at no stage were LacZ<sup>+</sup> cells found in the bone collar, confirming



**Fig. 2.** Generation and characterization of the *C10creERT* mouse line. (A) Targeted *Col10a1::CreERT* allele (detailed in Fig. S4). (B) In situ hybridization showing *Col10a1* and *CreERT* mRNA in *C10creERT::RLacZ* at E14.5 and E16.5. (C) Proximal-to-distal temporal progression of hypertrophy and transition shown in X-Gal-stained E15.5 *C10creERT::RLacZ* limb skeletal elements. (D) X-Gal-stained tibia and humerus of E14.5–E16.5 *C10creERT::RLacZ* mice after tam injection at E12.5. (E) X-Gal-stained bone sections harvested 24 h post tam injection at E14.5 from the same *C10creERT::RLacZ* fetus. Arrow indicates LacZ<sup>+</sup> (pink) cell in the forming POC of femur. (F) *Col1a1* in situ hybridization on X-Gal-stained sections of different E16.0 bones from the same *C10creERT::RLacZ* fetus, harvested 36 h post tam injection at E14.5. Arrows in the enlarged areas of the POC indicate LacZ<sup>+</sup> and *Col1a1* double-positive cells. (Scale bar, 100  $\mu$ m.) Fe, femur; Fi, fibula; Hu, humerus; Mc, metacarpal; Mt, metatarsal; PO, primary ossification center; Ra, radius; Sc, scapula; Ti, tibia; Ul, ulna. B, D, and E are dark-field images.





(Fig. 5 G–J), we conclude that postnatal HCs also can commit to osteogenic fate during bone repair.

### An HC-to-Osteoblast Lineage Continuum in Endochondral Bone Formation.

The hypothesis that chondrocytes may become osteoblasts was proposed more than a century ago (32, 33); however despite data consistent with such a concept, this has eluded verification in vivo. The plasticity of chondrocytes in culture and their ability to change their phenotype to fibroblastic or osteoblastic states are well documented (34, 35). The reversion of HCs to a prehypertrophic-like state in response to endoplasmic reticulum (ER) stress suggests that hypertrophy is not an irreversible state in vivo (25). Here, we show that in normal endochondral bone formation, HCs can survive and become osteoblasts and osteocytes, contributing to trabecular bone, the endosteum, and mature bone. In addition, we show that postnatal HCs may contribute directly to bone repair by becoming osteoblasts and osteocytes. Our data are consistent with a recent report showing that grafted cartilage supports the regeneration of bone in vivo (36). We have resolved the long-standing question of whether an HC can become an osteoblast and contribute to the full osteogenic lineage. This discovery provides a conceptual change with regard to the origin of osteoblasts of endochondral bone and has important implications for bone biology.

We propose an osteoblast lineage model whereby HCs and perichondrial/periosteal osteoblast progenitors contribute to the osteogenic pool during endochondral bone formation and growth (Fig. 5K). The differential origin of osteoblasts may assure a steady supply of osteoblasts for building bone and provide diverse sources of progenitors for fracture repair. Whether the osteoblasts from differing origins have different, similar, or equal roles and contribution in maintaining bone homeostasis during growth, during aging, or in fracture repair are important issues to be addressed in the future. Knowing that HCs are a source of osteoblasts in bone, we

also should re-examine the causes of bone phenotypes arising from mutations in genes that are expressed in cartilage.

### Materials and Methods

**Genetically Modified Mouse Strains.** Generation of the *Col10a1-Cre* mouse line was described previously (25). Generation of the *Col10a1-CreERT* mouse is described in Fig. S4. The strategy of generating the *Col10a1-GFP* mouse strain essentially was the same as that of generating the *Col10a1-CreERT* mouse: GFP fragment was isolated from the pEGFP-N1 plasmid (Clontech), fused with the *neo* cassette, and targeted into exon 2 of *Col10a1*. Reporter mouse strains used are listed in *SI Materials and Methods*.

**X-Gal Staining, Immunohistochemistry, and in Situ Hybridization.** Tam (T5648; Sigma) was dissolved stepwise in ethanol and corn oil to a final concentration of 10 mg/mL. To induce Cre recombinase activity, tam was injected at a dosage of 0.1 mg/g body weight. Whole mount X-Gal staining was performed for LacZ reporter mice; in situ hybridization and antibody staining were performed on paraffin sections as previously described (23).

**Bone Repair.** Hypertrophic cartilages were dissected from the distal tibiae of P10 donor mice. The bone collar was removed and the cartilage graft kept in HBSS. At the same time, the medial side of the right proximal tibia of an anesthetized 3-mo-old wild-type female was exposed and a 0.4-mm hole was drilled through the bone at the midpoint between the growth plate and the middle of the tibia. The grafts were inserted into the bone injury site, and the skin was sutured. The mice resumed normal activity after the operation, and the right tibiae were harvested at different time points for analyses.

Additional details are provided in *SI Materials and Methods*.

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